You’ve completed a semester of college—possibly your first! That’s a real accomplishment. Take a moment now to look back at Exercise 1.1, at the very beginning of this Companion, where we asked about your goals.

Think about what you said you wanted to achieve this semester, and write your thoughts here. Some ideas you might consider writing about: Have your goals changed, and if so, how? Did you accomplish what you wanted to? If so, what helped you succeed? If not, what held you back? What have you learned this semester that will help you as you continue on your college journey? Include the date you write these reflections and come back to them when you begin your next semester.