

Transcript

0:03

[Music]

0:10

the economy is recovering and the

0:12

unemployment rate is dropping But for

0:14

recent college graduates the

0:15

unemployment rate is even higher hello

0:17

everyone and welcome to Comcast

0:18

newsmakers I'm Robert tram joining me

0:20

today is Maran Gomez she's the executive

0:22

director of the Congressional Hispanic

0:24

Leadership Institute Maryann welcome to

0:26

the program thank you here's what we

0:28

know as I mentioned a few moments ago

0:30

thank goodness the economy is kind of

0:31

chugging along if you will millions of

0:33

Americans are going back to work this is

0:35

after the Great Recession of 2008 but as

0:38

I mentioned a few moments ago Mariann

0:40

when you graduate from college

0:42

unfortunately you have all this great

0:44

brain power you have all this knowledge

0:46

academic knowledge but you don't have a

0:47

lot of experience on your resume right

0:49

and so a lot of folks out there says you

0:50

know what come back in about two to

0:52

three years when you can actually say

0:54

you've done something when you actually

0:55

say you have experience and the only way

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that you can get experience when you're

0:59

in college just to what have an

1:00

internship right it's always that catch

1:03

students don't want to hear come back uh

1:06

so we do at our U nonprofit We have um

1:10

internships for that same reason to give

1:12

students that Competitive Edge but I

1:14

really want to encourage all parents and

1:16

all students to really really think

1:18

about internships uh and they come in

1:21

all shapes and forms and they can be

1:23

paid they can be unpaid and even uh

1:26

volunteering which is not really like

1:28

the internship umbrella that still

1:30

counts because you're still getting

1:31

experience right it's you're still

1:33

getting experience so a resume has to

1:36

include all your experience that's

1:39

relevant if you volunteer if you have a

1:42

a passion for animals and you want to

1:44

work in a place for the animals try it

1:46

out go volunteer um offer uh unpaid if

1:51

they don't have a paid internship but

1:53

it's to get that name of you know I

1:55

intern for a weekend at blah blah blah

1:58

or worked with soes a difference it does

2:00

make a big difference you know Maryann

2:01

here's the unfortunate truth as I

2:03

mentioned a few moments ago people of

2:04

color people that look like you and I

2:07

unfortunately have a steeper Hill to

2:08

climb as it relates to getting their

2:10

door their their their their their foot

2:13

in that door if you want try to knock

2:14

down that door when it comes to

2:16

internships why is that the case I think

2:18

a lot of times is that culturally it's

2:21

not something we're used to it it's not

2:23

something that we because our parents

2:24

may not have had an internship whatever

2:26

the cas they didn't know we have friends

2:28

and family that we now we know how to go

2:30

ask each other for a part-time job but

2:33

it's the same transferable skill it's

2:35

the same thing to ask someone uh who

2:38

maybe we don't know that well or an

2:40

organization we're not familiar with to

2:42

ask and it's okay to ask it's okay to

2:45

volunteer it's okay to say hey I I I

2:48

have this brain power absolutely and

2:50

this is what I studied and I want to

2:52

give it a shot well the good thing about

2:53

internships and I'm only speaking from

2:54

my experience I had seven when I was in

2:56

college and that's a lot yeah and and

2:59

well and the main reason why it's

3:00

because you know my parents didn't have

3:01

internships when they were uh going

3:02

through school but they were Savvy

3:04

enough don't have to be smart enough but

3:06

Savvy enough just to kind of push me and

3:07

my brothers and sisters into doing free

3:10

labor and what it was is called

3:11

internship yeah and it was just great it

3:14

was great experience for conflict

3:15

resolution how to how to dress

3:17

appropriate how to comport yourself in

3:19

meetings I mean that stuff is just

3:20

invaluable and to your point Maryann

3:22

putting on your resume and it only could

3:24

be one page that's okay by saying for

3:26

seven days a week or 5 days a week I

3:29

assist my manager in meeting preparation

3:31

or whatever the case may be just

3:33

something that people can say aha this

3:36

person has a little bit of skill the

3:37

challenge that we have in comes of

3:38

color is that we have not had those

3:41

exposures we have not been exposed to

3:43

those environments and we need to do

3:46

that we need to be in a place that looks

3:48

and sounds different and with people

3:51

that sometimes look and sound different

3:53

that's okay that's okay that's okay

3:55

you're going to be fine and we need to

3:57

have that experience on your resume

3:58

Maran Gomez thank you thank you very

4:00

much for and keep up the great work and

4:01

I think it's very important out there

4:02

for the parents your Aunts Uncles loved

4:04

ones friends neighbors to encourage

4:07

people of color to uh to speak up and

4:09

say you know what I not only do I need

4:11

uh the extra experience but it's also

4:13

good for the social interaction if you

4:15

will in terms of networking and and all

4:17

the other good stuff so Maryann Gomez

4:19

the executive director of the

4:20

Congressional Hispanic Leadership

4:21

Institute keep up the great work and

4:23

keep interning interns really appreciate

4:25

it thank you and thank you for joining

4:26

us for this edition of Comcast

4:28

newsmakers I'm Robert have a great day

4:30

everybody we'll see you next time

4:31

[Music]

4:34

bye-bye